

CERTIFIED NURSING ASSISTANT SYLLABUS - CNA 101 – CNA Fundamentals

CIP Code: 513902

Course Days and Times:

Saturdays
8:00 am – 5:00 pm

Prerequisites:

Negative TB Skin Test or Negative Chest X-Ray
Criminal Background Check

Instructor: Vonda Turner, Kim Andrews or Maria McMillian

Phone Number: (318) 728-8989
Fax Number: (318) 728-8988

Textbooks and Instructional Materials

Material

Scrubs, white leather shoes with ties, and second hand watch

Textbook

Title: Nursing Assistant Care, The Basics
Author: Jetta Fuzy, RN, MS
Edition: 3rd
ISBN: 978-1-60425-014-5
Publisher: Hartman Publishing, Inc.
Required: Yes

Course Description

Theory (44 hrs) and supervised skills lab (10 hrs) experiences that focus on providing basic nursing skills to meet the physiological, psychosocial, socio-cultural, and spiritual needs of clients in various health care environments. Infection control information and skills are presented as part of this course. Omnibus Budget Reconciliation Act (OBRA) guidelines are presented as application of the nursing process in the management of clients with health alterations.

Course Goals and Objectives

Upon successful completion of this course, the student will be able to, with a minimum of 80% accuracy for the practical nursing students and a minimum of 70% for the nurse assistant students:

1. Demonstrate knowledge and skill in the following criteria identified by the Louisiana Department of Health and Hospitals' Louisiana Register and the Omnibus Budget Reconciliation Act (OBRA) as guidelines for Nurse Aide Training:
 - a. Appropriate communication and interpersonal skills.
 - b. Basic concepts of infection control
 - c. Safety and emergency procedures, including identifying clients at risk for falls
 - d. Basic nursing skills, including but not limited to bed-making, taking vital signs, measuring height and weight, caring for the resident environment, measuring fluid and nutrient intake and output, assisting in the provision of proper nutritional care, ambulating, transferring, using body mechanics, maintaining infection control and safety standards, attaining/maintaining proficiency in CPR, caring for residents when death is imminent and recognizing abnormal signs and symptoms of common diseases and conditions.
 - e. Basic personal care skills including, but not limited to bathing, including mouth care, grooming, dressing, toileting, assisting with eating and hydration and skin care.
 - f. Basic skills by modifying his/her own behavior in response to clients' behavior, identifying developmental tasks associated with the aging process and use task analysis, segmenting of those tasks to increase independence, providing training in and the opportunity for self-care according to clients' capabilities, demonstrating principles of behavior modification by reinforcing appropriate behavior and causing inappropriate behavior to be reduced or eliminated, demonstrating skills supporting age-appropriate behavior by allowing the client to make personal choices, providing, and reinforcing other behavior consistent with clients' dignity, and utilizing clients' family as a source of emotional support.
 - g. Skills which incorporate principles or restorative nursing, including the use of assistive devices in ambulation, eating, and dressing, maintenance of range of motion, proper turning and position both in bed and chair, transferring, bowel and bladder training, enema administration, and care and uses of prosthetic devices, such as hearing aids, artificial eyes, artificial limbs, etc.
 - h. Behavior which maintains clients' rights, including but not limited to: assisting a client to vote, providing privacy and maintenance of confidentiality, allowing the client to make personal choices to accommodate individual needs giving assistance in resolving grievances, providing needed assistance in getting to and participating in client and family groups and other activities, maintaining reasonable care of clients personal possessions providing care which maintains the client free from abuse, mistreatment or neglect, and reporting any instances of such poor care to appropriate facility staff, and maintaining the client's environment and care so as to minimize the need for physical or chemical restraints.
2. Discuss the responsibilities related to admission, transfer, and discharge of clients receiving care in various healthcare facilities.
3. Discuss the application of basic principles of Standard and Transmission Based Precautions in the lab and clinical settings.

4. Explain how the Health Insurance Portability and Accountability Act (HIPAA) compliance regulation impacts workers in long term care.
5. Demonstrate an understanding of the concepts of assessing biological, psychosocial, socio-cultural, spiritual needs, and/or developmental factors that influence health attainment.
6. Demonstrate an understanding of the concepts of planning and incorporating therapeutic interventions, collaboration as a member of the health team, rehabilitative/restorative care concepts, concepts of death with dignity, and the nursing process in nursing care.
7. Demonstrate an understanding of the concepts of evaluating the effectiveness of nursing care rendered specific to the applied nursing interventions.
8. Demonstrate appropriate documentation techniques for all applicable nursing skills covered in this course.
9. Demonstrate the ability to satisfactorily apply all nursing skills learned in this course and complete the appropriate Skills Checklist provided by the instructor.

Methodology

1. Teacher lecture, discussions
2. Video
3. Demonstrations and hands on practice of skills

Attendance Policy

Students are expected to be on time weekly for class. It will be impossible to catch up on missing skills and materials. Policy will be strictly adhered to. In case of illness or unexpected circumstances, please call and leave a message as to why you will be out. Students are expected to be back from break on time.

Evaluation Criteria

Exam/Quiz Grading:

90-100	A
80-89	B
70-79	C
60-69	D
59 and below	F

Academic Honesty

Plagiarism, cheating, and other forms of academic dishonesty are prohibited. In addition to other possible disciplinary sanctions, which may be imposed through the regular institutional procedures as a result of academic misconduct, your instructor will assign an zero for the exercise or examination that evidences academic misconduct for the first offense and assign an "F" for the course for repeated offenses.

Students with Disability

Healthcare & More complies with Section 504 and the Americans with Disabilities Act. Students with disabilities who seek accommodations must make their requests known by contacting the Director of Student Affairs and Career Placement at the beginning of each semester. If a disability is identified later in the semester, a non-retroactive accommodation plan will be developed.

Clinical sites

Colonia Manor Nursing Home

Richardson Medical Center